Contemporary Issues of Special Education in Turkey

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ABSTRACT
The first international declaration of inclusive education through the Salamanca Statement (UNESCO, 1994) underlined the importance and necessity of inclusive practices and recommended that all students should benefit from the same educational approaches in the same environment. In addition to that, growth in field applications, published research papers, the number of trained professionals, and general awareness around students with disabilities triggered the improvement of special education services in Turkey during the last three decades. This article displays a brief history of special education, laws and regulations, the path of special education, and introduces contemporary issues in special education in Turkey. Without recognizing the existing situation and contemporary issues of the field of special education, it is not possible to take steps for planning and obtain better outcomes.

KEYWORDS
Inclusion, special education, teacher training, Turkey

The number of individuals with disability are increasing and will continue to increase due to chronic health conditions. The population of people who live with some form of disability is more than a billion globally, which is around one in seven people and representing about 15% of the world’s population (World Health Organization, 2015). According to the World Health Organization, around 90 million children or 1/20 of children under 15 years of age experience moderate to severe disability and more than 100 million adults experience significant difficulties in functioning. While this is the case globally, national statistics are influenced by the country’s conditions such as health services, environmental factors, violence, and natural disasters. In Turkey, the population of individuals with disability is stated as 12.29% by Turkish Statistical Institute (TSI, 2002). Although the up-to-date number of individuals with disability is not clearly known and the last legitimate statistic is almost 20 years old, for which data collected from smaller samples by different institutions were gathered, it can be concluded that the number of individuals with disabilities is more than 10% of the population which equates to around 8.5 million individuals.

In 1994, the United Nation’s educational agency (UNESCO), supported by 92 governments and 25 international organizations met in Salamanca, Spain at the World Conference on Special Needs Education. As a result, the Salamanca Statement was adopted highlighting every child’s right for education and identified the importance of educational placement in regular education systems for all children from various backgrounds. Moreover, article 25 of the UN Convention on the Rights of Persons with Disabilities (CRPD) emphasizes the right of reaching the highest standards for all individuals with disability without any discrimination. However, the reality is that many countries have difficulties providing quality services for individuals with disabilities (e.g., Hollenweger, 2014; Kohen et al., 2010; Kolupayeva et al., 2014). Dissemination of special
education and support services around the world has been widely supported in the last few decades and these practices are elevating the discussion on addressing the needs of all individuals with disabilities as well as enacting laws and regulations to provide these services. Many of the legislative acts and foundational principles of special education (e.g., the least restrictive environment) in Turkey were modelled after policies in the United States. However, for specific practices and services in special education, it would be more practical to look from a regional perspective.

History of Special Education in Turkey

The Republic of Turkey was established in 1923, however the history of special education goes back hundreds of years to the Ottoman Empire. The first formal education started during the 15th century where gifted and talented children were systematically selected and educated in Enderun School (Melekoglu et al., 2009). The purpose of systematic selection and replacement in Enderun School was targeted at educating talented children who would become future scientists, artists and leaders (Enc et al., 1987). For the Republic of Turkey, the first formal special education school was The School for Deaf, Mute and Blind which was established in Izmir (Melekoglu, 2014). The school provided services for students with hearing impairments and visual impairments under the responsibility of Ministry of Health and Social Welfare until 1950. During this decade, 1950s, significant steps were taken for special education in Turkey. Starting in 1951, the control over special education services were carried out by the Ministry of National Education (Senel, 1998). The first special education teacher training program (Department of Special Education) was opened at the Gazi Education Institute in Ankara in 1952, however the department was shut down after two years of training (Sahin, 2005). Moreover, the first Guidance and Research Center (GRC) was initiated in 1955. GRCs are institutions working under the Ministry of National Education, designed to develop and provide psychological and educational services for individuals with disabilities, families, and other stakeholders (Karasu, 2014). Main responsibilities of these centers related to special education services, including planning, providing, coordinating, monitoring, and evaluating the services (Ministry of National Education, 2020). GRCs are also the first destination of individuals after medical diagnosis and teacher/parent referral responsible for educational evaluation of children with disabilities. Furthermore, a limited number of special education classrooms were established in different primary schools in Ankara for students with intellectual disabilities for the first time in Turkey’s history during 1955 (Sahin, 2005).

Special Education Laws and Regulations

A form of education that is special to individuals with disabilities was first mentioned in the Children in Need of Protection Law in 1949 (amendments in 1957, and 1958). Article 19 indicated that necessary institutions be established by the Ministry of National Education for children who require special education methods and these children undergo a period of observations before being accepted into these educational institutions. The two constitutional laws in force on education in Turkey (Ministry of National Education, 1961; Ministry of National Education, 1973) referred special education within a single article. These articles underlined that children with disabilities should be provided with special education and special precautions should be taken to raise children in need of special education and protection, respectively. The importance of special education in Turkey became even more prominent in 1980s when the Ministry of National Education established a division for special education services (Melekoglu, 2014). Following this decision, the first comprehensive regulation of Children with Special Education Needs Regulation became law in 1983. This law is the first by being specific to individuals with special needs and more significantly highlighting the importance of educational placement among typically developing peers. The purpose of this law was to regulate principles regarding the education of children with special education needs to secure a job and a profession, as well as, adapt to the environment and society. Disability categories, basic principles related to special education services, responsibilities of stakeholders such as public services and other professionals were defined (Senel, 1998).
The growth in field applications, published research papers, the number of trained professionals, and general awareness around the subject triggered the improvement of special education services during 1990s. Decree Law No.573, enacted in 1997, is the first regulation that mentioned the term “Inclusion”. This law is essential for special education in Turkey since it is considered as the first legal step of the country into inclusive education. The law includes the basic principles of special education underlining the importance of early intervention, educational evaluation, individualized education plans, parental involvement, as well as needs, interests, and abilities of all children with disabilities. In addition, with the adjustment provided by the Decree Law, special education expenses of children whose parents are insured and retirees affiliate to the Social Insurance Institution was covered by the government. Soon after the government become responsible for special education costs, the number of private special education and rehabilitation centers increased exponentially (Vuran & Unlu, 2012). Based on the provisions of the Decree Law No.573, the Ministry of National Education legislated the Special Education Services Regulation (SESR) in 2000 (amendments in 2006, 2012, and 2018). The purpose of this law was to regulate principles to ensure that individuals with disabilities benefitted from special education services to receive academic and vocational education. Special education categories and some of the definitions included in this law are based on the Individuals with Disabilities Education Act (IDEA, 2004) and the Diagnostic and Statistical Manual of Mental Disorders (DSM; American Psychiatric Association, 2013).

**The Path of Special Education in Turkey**

The special education process begins when an individual is diagnosed with a disability in a hospital following a referral from a school administrator, a parent, or a request by the individual who has not previously been diagnosed with an intellectual disability and who is over the age of 18. After the medical diagnosis, the first encounter with a GRC occurs for the educational evaluation and identification process to place the individual in an appropriate educational program. GRCs make decisions regarding the individual’s present levels of performance, and educational and supportive opportunities that are available in proximity. Then, following the educational evaluation, the GRCs’ Special Education Evaluation Board prepares a report for the individual who is going to benefit from special education. These reports are prepared by considering the principle of the least restrictive environment. These GRC reports are usually issued on a 1-year basis, with rare exceptions of 6-month or 2-years. Following the evaluation process, the individual with disability might be directed to an inclusive general education classroom, a special education classroom in a general education school, a special education school, homeschooling, or hospital school (Ministry of National Education, 2018a). An individual with disability could also be directed to a private Special Education and Rehabilitation Centers (SERC) as another option, or an additional option to their educational placement based on the family’s decision. For example, a student with a disability can receive education from both a special education classroom in a general education school while also receive face-to-face and/or group education in a SERC for part of the day. On the other hand, there are Science and Arts Centers for gifted children in addition to their regular education placements. The Turkish government covers the expenses of 8-hours face-to-face and 4-hours group education per month. If families decide to have more services and/or additional hours from SERCs, they are responsible for those extra costs. Regardless of the educational environment, it is mandated to prepare an IEP (MEB, 2018a) based on the individuals’ needs and goals.

**Inclusion**

Inclusion, as a model of special education, refers to the education of students with disabilities in the same environment with typically developing peers (Kargın, 2004). Inclusion has become more prevalent in Turkey over the last decade. More than 70% of all students with disabilities in formal education spend at least 60% of their school time in the same classroom alongside their typically developing peers (Ministry of National Education, 2021). Table 1 indicates the total number of students in formal education in comparison with the total number of students with disabilities in formal education and the number of students who are placed in inclusive classrooms during the last decade. Inclusion is more than physically placing all children from various backgrounds in the same classroom environment. The participations of students with disabilities must also include social and educational integration, and meaningful support services to achieve shared learning opportunities, new peer relationships, and raised expectations (Agran et al., 2014; Carter et al., 2015). Alongside an emphasis on the benefits of inclusive practices (Batu, 2008; Sucuoğlu et al., 2020) and positive teacher attitudes (Rakap & Kaczmarek, 2010; Sari, 2007), it is obvious that there are serious issues regarding the implementation of these practices (Vural & Yılmaz, 2008; Yılmaz & Batu, 2016). One of the most prominent barriers to inclusive practices is teachers’ lack of knowledge and skills. It is found that the teachers’ classroom management skills affect the behaviors
of students with disabilities in inclusive classrooms (Sucuoğlu et al., 2010) and the academic communication of teachers with students with disabilities is deficient (Guner-Yildiz, 2015).

Teacher Training

After the shutdown of the first attempt to train special education teacher candidates in 1952, teacher training for special education was initiated in 1983 for the second time at the Anadolu University in Eskisehir. A candidate had to take a nationwide student selection and placement exam to qualify into the undergraduate program. Teacher candidates of a special education department are required to complete a 4-year special education teacher education program. Teacher candidates are supposed to complete 150 credits that are composed of general knowledge (13%), teaching knowledge (28%), and field knowledge (59%) subcategories (Council of Higher Education, 2018). The teaching knowledge category includes a mandatory 10-credits of teaching practicum during the last two semesters of undergraduate education. Teacher candidates who graduate from a Special Education Department earn the title of special education teacher. However, not all title holders are graduates from Special Education Departments. Since special education is relatively new, and the number of students with disabilities surpasses the number of special education graduates, the Ministry of National Education started short-term certificate programs that were earmarked to produce more teachers into the system (Unlu et al., 2019). The short-term certificate programs have helped increase the number of teachers that are working in special education schools. As Cavkaytar (2018) noted, many of the teachers working in special education schools participated in the short-term certificate program. Though the program has helped in providing large numbers of teachers, it is a matter of debate how these short-term programs are going to close the gap and how these trainings produce qualified teachers. Research studies indicate that teachers who graduate from a special education department perform significantly better than teachers holding short-term certificates (Nougaret et al., 2005) and teachers with certificates need more help and support related to the education of students with disabilities (Sivrikaya & Yikmis, 2016).

The identification process, educational placement, and teacher training are essential aspects of the path of special education worldwide. Especially when it comes to the education of individuals with disabilities and preparing qualified teachers, many countries experience various challenges and issues (e.g., Garcia-Cedillo et al., 2014; Kolupayeva et al., 2014). Turkey uses a unique assessment method for children with disabilities compared to those used in most countries which may create its own problematic issues.

Contemporary Issues in Special Education

There are many challenges in Turkey related to special education that are
discussed by students, family members, researchers, and practitioners in the field. In the next section of this article, five contemporary issues of special education in Turkey are presented.

1. Identification and Placement

How and when to identify students with disabilities are primary questions of the process. It is not difficult to come up with responses such as “by collecting data” and “as early as possible.” However, these answers will bring along more questions like “what type of standardized measures were employed to collect data?” or “what if the intervention they receive are not actually needed?” Furthermore, implementation methods for the identification in each state or county might change the process dramatically. In Turkey, educational evaluations and identifications of individuals with disabilities are done by GRCs. These centers work under the Ministry of National Education with responsibilities of designing and providing both educational and psychological services for individuals with disabilities, their parents, and their teachers (Karasu, 2014).

Turkey’s SESR (2018) highlighted that GRCs are responsible for the identifications, educational placements, and supportive services for students with disabilities. Thus, GRC personnel make all decisions for the individual with disability regarding the type and degree of the disability, developmental characteristics, current performance, and educational placement. In a study conducted by Karasu (2014), parents expressed concern about the evaluation process done with their children and had mostly negative experiences with GRC personnel in terms of inadequacy, professionalism, guidance, and bureaucracy. In another study, parents of individuals with intellectual disabilities described their unsatisfactory experiences related to their children’s educational evaluation, personnel communication, and overall GRC collaboration (Karal & Unluol-Unal, under review). In a study conducted with GRC administrators, participants stated problems related to the identification process as allocating insufficient time for an individual to be evaluated and lacking a sufficient number of experts in GRCs (Ozak et al., 2008). In fact, GRC personnel have indicated that their greatest area of need for in-service training is on conducting standardized evaluations (Aslan & Bal, 2014).

2. Support Services

Meeting the needs of all students with disabilities is only possible when they have access to support services. Support services are essential for not only meeting the needs of students with disabilities, but also enhancing the quality of special education services for all stakeholders that include teachers, professionals, family members, and the students with disabilities themselves. These services consist of in-class and out-of-class educational support, assistive technology, social supports, guidance and counseling, and related services such as health services, physical therapy, occupational therapy, and speech-language therapy. The first issue related to the support services is about the understanding of the concept of “support,” since it is usually mentioned to refer supporting education of students with disabilities (i.e., supportive education services and resource room). However, there are serious challenges for families to reach support services such as social support, legal rights, guidance and psychological counseling, and parent training opportunities due to their needs and expectations (Sardohan-Yildirim & Akcamete, 2014). Mothers of students with disabilities indicate that support services are not sufficient either for their children or family members (Baglama & Sakalli-Demirok, 2016).

Second, as the number of inclusive classrooms increase, and the necessity is highlighted in the law, there remains little support services in schools (Melekoglu, 2014). Results of the project on Investigating the Efficacy of Supportive Special Education Services showed that necessary support services are not provided to the students with disabilities or their teachers. Teachers stated that they have difficulties and need support services related to education of students with disabilities, problem behaviors, and informing typically developing peers (Yenigun & Odluyurt, 2020). It is mandatory to have a resource room and provide educational support services in each school where students with disabilities are placed (Ministry of National Education, 2015). The purpose of a resource room is to create an opportunity for teachers to work with students in small groups or face-to-face to provide individualized education (Moody et al., 2000). However, resource rooms are not appropriately designed, lack specific planning and curriculum, and the environment is not appropriate for students with special needs (Pemik & Levent, 2019; Yazicioglu, 2020).

3. Gap between the Research and Practice

Another issue of special education in Turkey is related to the implementation of evidence-based practices and research-based practices such as classroom management strategies to meet the needs of students with disabilities. The purpose of these practices is to promote positive outcomes for students from various backgrounds. These practices should be utilized to design individualized education and interventions since the effectiveness is established. Although there are many practices and classroom management strategies that have been identified as scientifically rigorous by
research, practitioners do not usually employ these practices (Lauderdale-Littin & Brennan, 2018; Melekoglu, 2014). Thus, there is still a gap between research and practice, especially in inclusive classrooms.

Research indicates that effective classroom management decreases the likelihood of problem behaviors (Korper-shoek et al., 2016) and increases student engagement by enhancing opportunities to respond and receive performance feedback (Simonsen et al., 2008). In a study conducted by Guner-Yildiz (2015), a high number of students with intellectual disabilities were found to be academically engaged (58.6%) however, their teachers’ approval for appropriate behaviors was low (0.13%). The use of feedback increased students’ academic engagement and on-task behaviors, while decreasing off-task and problem behaviors (Akalm & Sucuoğlu, 2015). In a study conducted by Guner-Yildiz and Sazak-Pinar (2012) to examine teachers’ behavior in inclusive classrooms, results indicated that none of the teachers used reinforcements for students with disabilities who followed the classroom rules and only 20% of teachers used reinforcements for students with disabilities who performed socially or academically appropriate behavior.

Potential reasons of not utilizing scientifically validated practices and strategies in the classroom include teachers’ lack of training as well as lack of knowledge related to the deficits associated with a disability, which practices and strategies have been identified as evidence-based, and the prospective benefits of these practices (Lauderdale-Littin & Brennan, 2018). A majority of general education teachers who teach in an inclusive environment are not equipped with support services and may have little awareness about evidence-based practices and effective classroom management strategies for student with disabilities (Melekoglu, 2014). Even if they know about these practices and strategies, they sometimes view them as not suitable with their classroom management techniques (Lang et al., 2010). In a study conducted by Ceylan and Yikmis (2017), teachers were asked about the type of intervention strategy they use when problem behaviors occurred and teachers stated that they used verbal warnings (44%), tried to find the reason (28%) and did nothing specific (12%).

4. Transition

Transition involves changes and adjustments that occur cumulatively in the lives of individuals as they move through various experiences (Wehman, 2006). For instance, school-to-work transition might be defined as the status change that an individual makes from leaving the student role to an adult role and live in society (Defur et al., 2001). This transition process can be exciting and full of expectations and dreams for typically developing individuals while it may also be discouraging for individuals with disabilities and their families. Moreover, other additional factors such as economic situation, lack of opportunities, and societal attitudes may affect the possibilities of individuals with disabilities and their families in the transition process.

According to the SESR, one of the purposes of special education services is to prepare individuals with disabilities for employment, higher education, and social life. However, there is no transition procedure for individuals with disabilities in Turkey. Related to the after-school life of individuals with disabilities, some regulations appear to support their employment in order to prepare them for their adult lives. It is stated that a company employing fifty or more employees is obligated to employ 4% of individuals in governmental institutions and 3% of individuals with disabilities in private institutions. Lacking a systematic transition procedure for individuals with disabilities is creating an enormous problem both for the field of special education and society. Without a systematic plan, individuals with disabilities who dropout or graduate from school do not have many options other than living with their family or living in a care-center.

5. Teacher Training

Teacher training is another challenge for the field of special education in Turkey. This issue includes the training of special education teachers and general education teachers who are going to work in inclusive classrooms. Teacher training plays a vital role in promoting teacher candidates’ willingness for inclusive practices and utilizing various strategies that can meet the individual needs of students with disabilities (Flo-
rian & Spratt, 2013). However, there is only one mandatory course called Special Education and Inclusion in the new program published in 2018 for general education teacher candidates to attend during their last year of undergraduate school. Furthermore, the structure of the program for general education teacher candidates does not involve any type of practicums opportunity with student with special needs. Research indicates that teachers lack knowledge and skills about inclusion and inclusive practices (Yilmaz & Batu, 2016), and it is suggested that undergraduate programs should offer elective courses related to special education and teacher candidates should do school visits to gain more knowledge and develop positive attitudes towards students with disabilities (Akyildiz, 2017). Teachers’ negative perspectives related to inclusive practices might interrupt their future educational applications (Forlin et al., 2009) and it is unlikely that those teachers will change their existing perspectives (Sharma et al., 2013).

The training that teacher candidates experience during their undergraduate education is considered to be one of the key factors in determining teacher candidates’ perceptions regarding students from various backgrounds in their prospective schools and how they influence outcomes of students in inclusive environments (Mastropieri & Scruggs, 2017). Improving the quality of programs for teacher candidates by adding more courses and professional development opportunities related to the special education and inclusive practices are essential for prospective teachers to meet the needs of all students from various backgrounds. However, enhancing the quality of undergraduate programs is not just about changing or designing the program but also about training more highly qualified faculty members. According to the Council of Higher Education in Turkey, employing three faculty members is sufficient for programs to be opened for student registrations. Therefore, many special education departments are started with three faculty members for the purpose of filling the teacher shortage. Since there are not enough graduates with doctoral degrees in the field of special education, departments sometimes cannot even find three qualified faculty. Thus, teacher training in Turkey is experiencing significant and complicated issue for the future of special education.

**Conclusion**

The identification process, educational placement, and teacher training are essential components of special education worldwide. Even though the legal and practical steps of special education in Turkey are relatively new, the field has come a long way during the last three decades and is still improving. As with many other countries, there are issues and concerns related to special education that must be addressed to reach equal opportunity for all students. The contemporary issues of special education in Turkey addressed in this article could be summarized as a research and policy practice gap. In order to reach better outcomes and overcome challenges in special education, it is essential to enhance the quality of teacher training programs and professional development opportunities for special educators in Turkey.

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